

Trauma Informed Healing Through The Arts

A Four Part Series for Alameda County Educators

For California TK-12 Teachers, TOSAs,
Art Specialists, & Administrators

September 23, 2022

This series provides a practical guide for those who wish to support therapeutic art making in their art teaching practice. These four sessions offer key elements, approaches, and practical guidelines for therapeutic art education with students who have experienced adverse childhood experiences and trauma. Dr. McFarland will facilitate the in-person event and will co-lead the three virtual sessions with Dr. Kay. The strategies will provide teachers with confidence to support their students' health and wholeness through art.

Outcomes

- Key elements, approaches, and practical guidelines for therapeutic art education with students who have experienced adverse childhood experiences and trauma.
- Curricular resources and educational art making strategies to help students communicate their ideas, express/contain emotions, and self-regulate.
- Strategies that will provide teachers with confidence to support their students' health and wholeness through art.
- Techniques for practicing teacher self-care.

Participants will receive a free copy of Dr. Kay's book:
Therapeutic Approaches in Art Education



Dr. Lisa Kay is a board-certified, registered art therapist and art educator who currently works as an Associate Professor, Art Education, Program Head for Art Therapy and Chair of the Department of Art Education and Community Arts Practices at the Tyler School of Art and Architecture at Temple University. She is the author of Davis's new Art Education

in Practice Series book titled *Therapeutic Approaches in Art Education* and the related professional development sessions.



Dr. Annie McFarland is a board-certified, registered art therapist, art educator, and artist currently working as an Assistant Professor of Art Therapy and Art Education at West Virginia University. Dr. McFarland currently teaches art therapy and art education courses and serves as the coordinator for WVU's art therapy program and

Therapeutic Art Graduate certificate program. She has a diverse range of clinical, educational, and research experience including trauma & PTSD recovery, trauma-informed teaching, and art for self-care and burnout prevention.



Session 1
September 23, 2022
9:00-4:00 **In-Person**

Sessions 2,3,4
TBD - decided at Session 1
One hour each and all **virtual**



Register [Here](#)
(Pre-Registration Required:
Maximum of 40 participants)



Chabot Space and Science Center
[10000 Skyline Boulevard](#)
[Oakland, CA 94619](#)



FREE!



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**Lunch provided for
in-person event!**