



SUMMER Arts WEBINAR SERIES

RCOE Visual and Performing Arts invites you to its **SUMMER ARTS WEBINAR SERIES**. These webinars are for any K–12 teacher who is interested in learning more about the arts and how they can utilize them to enrich and enliven their classroom. Our line up kicks off with guest speaker, Triny Rios.



CREATIVITY AND WELLBEING:

How the Arts and SEL Bring Out the Best in Teachers and Students

Thursday, June 24, 2021 | 9:00 a.m. – 10:00 a.m.

Presenter: Triny Rios

The one-hour webinar, geared towards educators, will highlight the importance of the arts as a tool for wellbeing. The webinar will provide education on the arts, trauma, and research on the impact of the COVID-19 pandemic on school-aged children's mental health. The presenter will provide strategies on how to integrate art with social emotional learning for the purpose of promoting pupil and educator wellbeing. Additionally, participants will learn healthy coping tools that can be used virtually and in the classroom with students. The presenter will facilitate a group activity to reinforce the importance of art as a tool for introspection. Lastly, the presenter will provide time for Q&A.

OMS Link: <http://rcoe.k12oms.org/485-203072>



GIVE ME S.T.E.A.M.:

Learning Science, Technology, Engineering and Math With and Through the Arts

Wednesday, July 7, 2021 | 10:00 a.m. – 11:00 a.m.

Presenter Louisa Higgins will share more about what exactly STEAM is, various examples of actual STEAM lessons being used currently, and how to begin to implement successful strategies of arts integration in your classroom in the coming school year.

OMS Link: <http://rcoe.k12oms.org/485-203071>



THE ARTS AND EDUCATION:

Past, Present and Future

Tuesday, July 27, 2021 | 1:00 p.m. – 2:00 p.m.

Presenter Louisa Higgins will give an overview of the development of the arts in human history and then in education. She will also be highlighting the importance of the arts and how they uplift marginalized students and contribute to maximum success for all students.

OMS Link: <http://rcoe.k12oms.org/485-203073>



Triny Rios is an artist and bilingual Associate Professional Clinical Counselor (APCC#4645) based in Southern California. Rios completed a B.A. in Visual Arts (studio) at UC San Diego and a M.A. in Counseling (Community Mental Health) at Loyola Marymount University. She specializes in trauma, depression, and Latinx mental health. She incorporates her art background, when clinically appropriate, as a tool for introspection and healing. She is also certified in various evidence-based practices geared towards parenting and children's mental health.

She recently transitioned to a group private practice after three years in a community mental health setting as a school based bilingual therapist. During her time in community mental health, she provided individual therapeutic services to children, adolescents, adults, and families using individual and family therapy.